Catherine Hambly, Ph.D.

Thursday, February 8, 2018 – 8:00 am – 12:00 pm

CONNECTED Leaders and Teams: Making it Brain-Friendly

Learn how to leverage brain science in your consulting and coaching work. This workshop will introduce a brain-based model (CONNECT) that links our understanding of neuroscience into creating "brain-friendly" work environments. We will apply the CONNECT model to leadership development, learning how we can optimize people's best thinking and improve engagement. We will review brain-based coaching and provide attendees an opportunity to practice what they have learned. We will then apply neuroscience to team development, where participants will learn the most crucial factors impacting the success of teams through use of the CONNECT model. The workshop will be highly interactive with numerous opportunities for discussion and skills practice.